

ABSTRACT

A write-once-type recording medium (10) is provided with: a data area (11) to record therein record data; and a plurality of management areas in which a plurality of types of management information for managing the record data and index information for indicating newest management information can be recorded a plurality of times, each of the plurality of management areas having a setup area for recording therein a management information block including a plurality of types of management information constructed from the newest management information and the index information indicating the plurality of types of management information constructed from the newest management information.